

Our clients/students

- ✚ We provide music therapy services for children, adolescents, adults and seniors of all levels of needs and musical interests.
- ✚ We work with children on the autism spectrum, those with learning and physical challenges and with socialization needs.
- ✚ Our program addresses self-esteem and use of leisure time for clients of all ages through programs such as therapeutic music lessons, group music therapy for socialization skills and music therapy with art classes.
- ✚ The Music Institute, MT-BCs provides therapeutic music lessons and act as consultants for the music faculty.
- ✚ Our clients taking therapeutic music lessons are able to use practice rooms and perform on TMI recitals.
- ✚ MT clients can record personal CDs and enhance music skills for school music classes and band/choral programs.
- ✚ The Senior Choir, offered as a college credit course, is a Wellness Music Therapy activity for seniors 60+ years of age.

Individualization and Assessments

- ✚ We begin with an interview and initial assessment to ascertain the needs and strengths of each client.
- ✚ We coordinate with parents/guardians and educators and other therapists (such as speech and occupational therapists), to design our sessions to address common goals.
- ✚ Goals and objectives are set by the music therapist and parents/guardians, and clients based on individual needs, interests and strengths.
- ✚ We will assess a child in music therapy for IEPs and related services funding. Arrangements can be made for music therapy assessments for IEPs and related services by our MT-BCs through the TMI office.

MUSIC THERAPY at TMI



On HCC's campus, The Music Institute, a non-credit division of HCC's Music Department, offers Music Therapy sessions and therapeutic music lessons with board-certified music therapists to individuals and groups with special needs.

Music Therapy is a growing, allied health profession. Music therapists work in medical hospitals, psychiatric hospitals, schools, VA hospitals, prisons, hospice centers, rehabilitation centers, in private practice and more.



You Can Get There From Here.

Music Therapy at The Music Institute



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THE
Music
INSTITUTE

at Howard Community College
Music for a Lifetime

MUSIC THERAPY at TMI

Find *Music for Your Lifetime!* at The Music Institute (TMI) of Howard Community College (HCC). The Music Institute is a community music school offering private music lessons, ensembles and classes taught by over 40 of the area's best musicians and music educators. Students of all ages and at all levels are following their musical dreams, learning, playing, performing and participating in classes, ensembles and performance opportunities. Music Therapy has been a part of The Music Institute of Howard Community College since it first opened in 2002.

Music Therapy

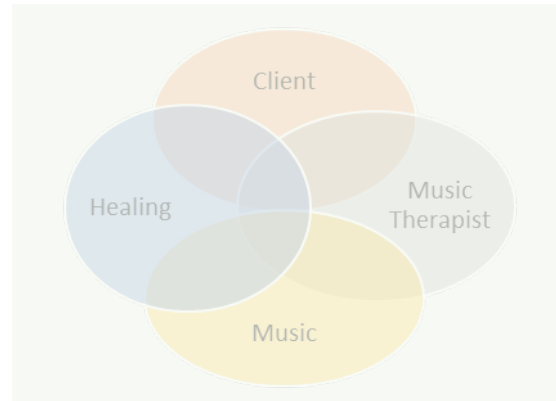
“Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.”

Music therapy interventions can be designed to:

- ✚ Promote Wellness
- ✚ Enhance Memory
- ✚ Manage Stress
- ✚ Improve Communication
- ✚ Alleviate Pain
- ✚ Express Feelings
- ✚ Promote Physical Rehabilitation
- ✚ Music Therapy is the art of music, paired with the science of therapy, creating a supportive, nonjudgmental environment in which any individual, with the support of a board-certified music therapist, may discover the best in themselves.

TMI MUSIC THERAPY PROGRAM

Music Therapy Mission: Music and Healing



- ✚ Is designed to meet the needs of the residents of Howard and surrounding counties.
- ✚ TMI music therapists use music and its unique qualities to help individuals with special needs improve their quality of life.
- ✚ Our goal is to use music to promote and enhance the emotional, social, physical and behavioral health of our clients.
- ✚ Music therapy is a result of the relationship established between the client and the therapist in a supportive environment
- ✚ Music is used in many forms: listening, singing, movement, playing instruments, writing music, analyzing lyrics, performing.

Our Music Therapists

- ✚ TMI music therapists are board-certified (MT-BC) and have experience working with children, teens, adults and seniors.

A board-certified music therapist has:

- ✚ Completed a bachelor's degree or equivalency program in music therapy from a college or university approved by the American Music Therapy Association (AMTA),
- ✚ Completed a six-month internship at an AMTA-approved clinical site under the supervision of a board-certified music therapist
- ✚ Successfully passed an examination through the Certification Board for Music Therapists (CBMT).

Our therapists are:

- ✚ Rita Mayhew, MT-BC, MMT, Music Therapy Curriculum Coordinator
- ✚ Amy Tenney, MT-BC, MA

Availability

- ✚ Sessions are available throughout the year depending on the needs of each client/student and scheduling circumstances.

OUR GOAL

- ✚ The goal of our board-certified music therapists is to provide a healing, musical environment in which our clients can learn, grow, laugh, interact and blossom.

